



**To Use Oregon Paid Family And Medical Leave For:
Your own Serious Health Condition**

Complete Form OR PFML-1

- Complete OR PFML-1, Part A
- Provide OR PFML-1 to employer
- Employer completes OR PFML-1, Part B and returns to you within 3 days

Complete Form OR PFML-6

- Complete OR PFML-6 and give to Health Care Provider
- Health Care Provider keeps OR PFML-6

Complete Form OR PFML-7

- Complete "Employee" information at the top of OR PFML-7
- Provide OR PFML-7 to your Health Care Provider
- Health Care Provider completes OR PFML-7 and returns to you

Send forms and documents

- Send completed forms and supporting documentation to The Standard

Note: The Standard accepts or denies claim within 14 days once a complete claim is received.

Please keep a copy of all pages for your records.

- To request Oregon Paid Family And Medical Leave (OR PFML), the employee requesting OR PFML must complete Part A of the *Request For Oregon Paid Family And Medical Leave (Form OR PFML-1)*. All items on the form are required unless noted as optional. The employee then provides the form to the employer to complete Part B.
- The employer completes Part B of the *Request For Oregon Paid Family And Medical Leave (Form OR PFML-1)* and returns it to the employee within three days.
- Additional forms are required depending on the type of leave being requested. The employee requesting leave is responsible for the completion of these forms.
- The employee submits the completed *Request For Oregon Paid Family And Medical Leave (Form OR PFML-1)* with the required additional form(s) to The Standard. The employee should retain a copy of each submitted form for their records.

PART A - EMPLOYEE INFORMATION (to be completed by the employee)

The employee requesting OR PFML must complete all required information.

Oregon Paid Family And Medical Leave (OR PFML) Request (to be completed by the employee)

Question 9: Bond with child means to care for and bond with a Child during the first year after the Child's birth.
Adoption/Foster child means to care for Family Member to care for and bond with a Child during the first year after the placement of the Child through Foster Care or adoption.
Care for Family Member with a Serious Health Condition means Physical Assistance or Psychological Assistance as used for leave taken to care for a Family Member with a Serious Health Condition.
Safe Leave means leave for any purpose described in ORS 659A.272, including leave to:

- Seek legal or law enforcement assistance or remedies to ensure the health and safety of the Eligible Employee or the Eligible Employee's minor Child or dependent, including preparing for and participating in protective order proceedings or other civil or criminal legal proceedings related to Domestic Violence, Harassment, Sexual Assault or Stalking.
- Seek medical treatment for or to recover from injuries caused by Domestic Violence or Sexual Assault to or Harassment or Stalking of the Eligible Employee or the Eligible Employee's minor Child or dependent.
- Obtain, or to assist a minor Child or dependent in obtaining, counseling from a licensed mental health professional related to an experience of Domestic Violence, Harassment, Sexual Assault or Stalking.
- Obtain services from a victim services provider for the Eligible Employee or the Eligible Employee's minor Child or dependent.
- Relocate or take steps to secure an existing home to ensure the health and safety of the Eligible Employee or the Eligible Employee's minor Child or dependent.

Own Serious Health Condition due to Covered Employee serving as a Bone Marrow Donor
Own Serious Health Condition due to Covered Employee serving as an Organ Donor
Own Serious Health Condition due to pregnancy means any period of disability due to pregnancy, childbirth, miscarriage or stillbirth, or period of absence for prenatal care.
Own Serious Health Condition (other) means an illness, injury, impairment, or physical or mental condition of an Eligible Employee.

Question 10: Family Member means an employee's spouse, sibling, child, grandparent, grandchild, parent or an individual related to the employee by blood or affinity whose close association with an eligible employee is the equivalent of a family relationship.
Sibling means the Eligible Employee's, or the Eligible Employee's Spouse's or Domestic Partner's, sibling or stepsiblings.
Child means a biological, adopted or foster child, a stepchild or legal ward, a child to whom the employee stands in *loco parentis*.
Grandchild means an Eligible Employee's, or an Eligible Employee's Spouse's or Domestic Partner's, child of the Child.
Grandparent means an Eligible Employee's, or an Eligible Employee's Spouse's or Domestic Partner's, parent of the Parent.
Parent means (a) the biological, adoptive, step or foster mother or father of the Eligible Employee; (b) a person who was a foster parent of an Eligible Employee when the Eligible Employee was a minor; (c) a person designated as the legal guardian of an Eligible Employee at the time the Eligible Employee was a minor or required a legal guardian; (d) a person with whom an Eligible Employee was or is in a relationship of in loco parentis; or (e) a parent of an Eligible Employee's Spouse or Domestic Partner.
Spouse means a person to whom an Eligible Employee is legally married.
Family Member Equivalent means an Eligible Employee's Spouse, Domestic Partner, Child, Parent, Sibling, Grandparent, Grandchild, or any individual related by blood or affinity whose close association with an Eligible Employee is the equivalent of a family relationship.

Question 11: If dates are “Continuous”, the employee must provide the start and end dates of the requested OR PFML. These dates should be the actual dates that the OR PFML will begin and end. If uncertain, estimate the start and end dates and indicate “Dates are estimated”. If dates are “Intermittent”, enter the dates OR PFML will be taken. Please be as specific as possible. If the dates are unknown or estimated, indicate “Dates are estimated”.

Intermittent Leave means leave taken in separate periods of time due to a single Qualifying Reason, rather than for one continuous period of time. Intermittent leave shall be taken in increments of no less than one Work Day and will be paid in increments that are equivalent to one Work Week.

If dates are estimated, The Standard may require you to submit a request for payment after the OR PFML day is taken. Payment for approved claims will be due 7 calendar days from the date of the claim decision.

PFML benefits will not be payable if the employee would not be performing their employment duties for reasons including but not limited to circumstances related to:

- (a) An employer’s business operations, such as: a lapse in seasonal operations; school break periods; or other suspensions or cessations of an employer’s business operations.
- (b) A period of incarceration, in which an individual is unable to perform their employment duties as a result of being an adult in custody.

Question 12: The Claimant must provide written notice to the Employer at least 30 calendar days in advance of foreseeable PFML. Verbal notice by the Claimant or a Family Member must be provided to the Employer within 24 hours of unforeseeable leave. In the context of Safe Leave, if it is not possible to provide notice in these timeframes, notice should be provided as soon as practicable. If the explanation will not fit in the space provided, enter “See Attached” and add an attachment with the explanation. Be sure to include the employee’s full name and their date of birth at the top of the attachment.

Employment Information (to be completed by the employee)

Question 14: Enter the date of hire to the best of the employee’s recollection. If it has been more than a year since the date of hire, entering the year in which employment started is sufficient.

Question 19: List all other income you will be receiving while on OR PFML. Include the type/name of income and how much. Example PTO from employer for \$500.00 a week.

If you are pre-submitting form: Indicate if the employee is pre-submitting their OR PFML request. Pre-submitting is defined as submitting the application in advance of an upcoming qualifying event, with certain required information missing due to the information being unknown at the time of the submitting. If pre-submitting is permitted by The Standard, the missing information must be supplied as soon as it is known. Benefits cannot be determined until all of the required information is provided.

The Standard will provide the employee a notice within five days which 1) states the claim is pending; 2) identifies what information is missing; 3) instructs how to submit the missing information. **Payment for approved claims will be due 7 calendar days from the date of the claim decision.** If a Complete Application is approved more than 7 calendar days before the onset of PFML, we will commence payment of PFML Benefits as soon as PFML begins.

If The Standard does not permit pre-submitting, The Standard must return the Request for Oregon Paid Family And Medical Leave within five days to the employee with an explanation that the claim should be re-submitted when all information is available.

Employee signs and dates, before giving this form to their employer to complete Part B.

PART B - EMPLOYER INFORMATION (to be completed by the employer)

The employer of the employee requesting OR PFML must complete all information in Part B.

Question 2: If a Social Security Number is used for the Federal Employer Identification Number (FEIN), enter the Social Security Number.

Question 9: PFML benefits will not be payable if an employee is not scheduled to work on those days.

PFML benefits will not be payable if the employee would not be performing their employment duties for reasons including but not limited to circumstances related to:

- (a) An employer’s business operations, such as: a lapse in seasonal operations; school break periods; or other suspensions or cessations of an employer’s business operations.
- (b) A period of incarceration, in which an individual is unable to perform their employment duties as a result of being an adult in custody.

Question 10a: “Wage” or “wages”: For the purpose of payment of benefits, means a Covered Employee’s remuneration from the Employer for employment and dismissal payments.

Average Weekly Wage means the Eligible Employee’s weekly Subject Wages in effect with the Employer on the day immediately preceding the date PFML begins. For Eligible Employees who are paid hourly, the Average Weekly Wage is based on the hourly pay rate multiplied by the number of hours regularly scheduled to work for the Employer per week. If the Eligible Employee does not have regular work hours, the Average Weekly Wage is based on the average number of hours worked per week for the Employer during the preceding 52 calendar weeks (or during the period of Employment with the Employer if less than 52 weeks). If an Eligible Employee is paid on an annual contract basis, the Average Weekly Wage is based on one-fifty-second (1/52nd) of the Eligible Employee’s annual contract salary with the Employer. If an Eligible Employee has multiple Employers, the Average Weekly Wage will be calculated for each employer separately.

Question 10b: An example of employees not subject to Social security and/or Medicare are certain public employees contributing to their own program and student employees of colleges and universities.

Question 11a-b: OR PFML employer reimbursement is only permitted for Wage continuation, including a paid family and/or medical leave policy of the employer, not for Accrued Paid Leave. Wage continuation is an employer’s continued payment of an employee’s wages during a period of PFML leave. Accrued Paid Leave is not wage continuation.

The Employer is not eligible for reimbursement for Accrued Paid Leave paid to the Eligible Employee.

Employer signs and dates, and then returns to the employee requesting OR PFML within three business days.

Be sure to complete the appropriate additional OR PFML form(s) based on the type of OR PFML leave being requested.

TO BE COMPLETED BY THE EMPLOYEE

Employee's name (first name, middle initial, last name)	Employee's date of birth (MM/DD/YYYY)
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PART B - EMPLOYER INFORMATION (to be completed by the employer)

1. Business's full legal name and mailing address			
Mailing address			
City	State	Zip code	Country (if not U.S.A.)
2. Employer's FEIN			
3. Employer's EIN		4. Employer's contact name for questions related to OR PFML	
5. Employer's contact telephone number ()	6. Employer's contact email address		
7a. Employee's date of hire (MM/DD/YYYY)	7b. Employee's last day of work (MM/DD/YYYY)		
8a. Employee's Typical Work Week Hours			
8b. Check Days Normally Worked <input type="checkbox"/> Monday <input type="checkbox"/> Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday			
8c. If Employee's Work Hours are rotating, indicate hours and rotation			
9. Leave from work: List the dates of any scheduled breaks while the employee is on PFML leave. (example: December 18 - January 1 and March 25 - March 31 or N/A if not applicable). If dates change or are updated, inform The Standard as appropriate. <i>*not limited to scheduled breaks; see employer information above.</i>			
10a. Employee's Average Weekly Wage: _____ Check one: <input type="checkbox"/> We are a private sector employer <input type="checkbox"/> We are a public sector government entity/employer			
10b. Is employee subject to: Social Security taxes? <input type="checkbox"/> Yes <input type="checkbox"/> No Medicare taxes? <input type="checkbox"/> Yes <input type="checkbox"/> No			
10c. Has employee met the annual limit to Social Security max. contribution? <input type="checkbox"/> Yes <input type="checkbox"/> No			
11a. Will any full days of Wage continuation, including the employer's own internal paid family and/or medical leave policy, be used by the employee in place of OR PFML benefits? <input type="checkbox"/> Yes <input type="checkbox"/> No If so, please provide dates where full days of Wage Continuation are being paid. _____ <i>*Wage continuation is an employer's continued payment of an employee's regular salaried wages during a period of PFML leave. Accrued Paid Leave, which includes sick leave, Oregon Paid Sick Leave, annual leave, vacation leave, personal leave, compensatory leave or paid time off is not Wage continuation. The Employer is not eligible for reimbursement for Accrued Paid Leave paid to the Eligible Employee.</i>			
11b. If employee received or will receive full wages while on OR PFML, will employer be requesting reimbursement? <input type="checkbox"/> Yes <input type="checkbox"/> No			
12a. What type of paid benefits will the employee receive while on OR PFML? Include the last date through which any compensation will be paid.			
12b. Is the leave request a result of employee's injury on the job? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, has the employee applied for Worker's Compensation payments/benefits? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, has the employee received Worker's Compensation payments/benefits? <input type="checkbox"/> Yes <input type="checkbox"/> No Amount of Weekly Payment/Benefit: \$ _____ Effective date of benefits: _____			
13. OR PFML policy number			

TO BE COMPLETED BY THE EMPLOYEE

Employee's name (first name, middle initial, last name)	Employee's date of birth (MM/DD/YYYY)
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PART B - EMPLOYER INFORMATION (to be completed by the employer) (Continued)

OR PFML insurance carrier's name and mailing address Standard Insurance Company PO Box 3877 Portland, OR 97208 866-751-5174 Fax	
Declaration and signature <input type="checkbox"/> I affirm the employee meets the eligibility for Oregon Paid Family And Medical Leave. Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed. My signature affirms that the information I am providing is true and accurate to the best of my knowledge and belief.	
Employer's authorized signature	Date signed (MM/DD/YYYY)
Title	

Notice to the Employee About Use of this Authorization

As you may know, the Oregon Paid Family And Medical Leave Act (OR PFML) permits an employer or leave administrator to contact an employee’s Health Care Provider, with the employee’s permission, for the purpose of clarifying or authenticating an otherwise complete and sufficient OR PFML medical certification. For OR PFML purposes, “clarifying” means to understand the meaning of a response or to understand the handwriting and “authenticating” means to provide the Health Care Provider with a copy of the medical certification to verify the information on the form.

To help streamline OR PFML administration and minimize the need to contact you during leave, we have developed the attached OR PFML Authorization. By signing the Authorization, you provide Standard Insurance Company (The Standard) permission to contact your Health Care Provider to clarify and/or authenticate medical certifications under OR PFML. You are not required to complete and sign the Authorization for The Standard to process your request for OR PFML leave. However, completing and signing the Authorization now may shorten the time it takes to clarify or authenticate a medical certification later.

If you decide to sign the Authorization now, you may still revoke it at any time. In addition, before contacting your Health Care Provider to clarify and/or authenticate a medical certification, we will notify you in writing and explain the: (1) specific reason(s) we want to clarify and/or authenticate the certification; (2) information required to clarify and/or authenticate the certification; and (3) time period within which you and/or your Health Care Provider must provide the information needed to clarify and/or authenticate the certification.

If you would like us to authorize now any future OR PFML clarification or authentication, please review the Authorization carefully and complete, sign and return the Authorization to the address above.

I authorize any physician, medical practitioner or Health Care Provider (referred to as “health provider”) who has completed a medical certification form for _____ (patient name) to discuss with or disclose to STANDARD INSURANCE COMPANY, my health information needed to clarify statements or information provided by health provider on a medical certification form which had been completed by health provider.

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct my health provider to release and disclose without restriction information reasonably necessary to clarify or authenticate information provided on a previously completed medical certification form.
- I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Standard, 1100 SW Sixth Avenue, Portland OR 97204, except to the extent the authorization has been relied upon to clarify or authenticate information. A revocation of the authorization, or the failure to sign the authorization, may impair The Standard’s ability to evaluate or process the request for leave of absence.
- I understand that in the course of conducting its business The Standard may disclose information to my employer regarding my leave of absence request and status, including a completed return to work authorization form.
- I understand that the information disclosed to The Standard pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by federal or state law. Information retained and disclosed by The Standard may not be protected under the Health Insurance Portability and Accountability Act [HIPAA].
- I understand and agree that this authorization is valid for 12 months from the date signed below.
- A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

Name (please print)

Signature of Claimant/Representative

Date

If signature is provided by legal representative (e.g., Attorney in Fact, guardian or conservator), please attach documentation of legal status.

Employee's Name	Date of Birth
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INSTRUCTIONS for HEALTH CARE PROVIDERS

This form is used to certify a Serious Health Condition in order to qualify for Oregon Paid Family and Medical Leave (OR PFML). Qualifying Serious Health Conditions and authorized Health Care Providers are described below. Answer each question to the best of your medical knowledge, based on your examination of the patient.

SERIOUS HEALTH CONDITION

A “**Serious Health Condition**” means an illness, injury, impairment, or physical or mental condition of an Eligible Employee that:

- requires inpatient care in a medical care facility such as a hospital, hospice, or residential facility such as a nursing home or inpatient substance abuse treatment center;
- in the medical judgement of the treating Health Care Provider poses an imminent danger of death, or that is terminal in prognosis with a reasonable possibility of death in the near future;

Continuing Treatment by a Health Care Provider *(any one or more of the following)*

Incapacity and Treatment: means the inability to perform at least one essential job function, or to attend school or perform regular daily activities for more than three consecutive calendar days. A period of incapacity includes any subsequent required treatment or recovery period relating to the same condition. The incapacity must involve one of the following:

- two or more treatments by a Health Care Provider; or
- one treatment plus a regimen of continuing care.
- involves any period of absence from work for the donation of a body part, organ, or tissue, including preoperative or diagnostic services, surgery, post-operative treatment, and recovery.
- requires Constant or Continuing Care, including home care administered by a health care professional.

Examples: the health provider might prescribe a course of prescription medication or therapy requiring special equipment.

Pregnancy: any period of incapacity due to pregnancy or childbirth.

Examples:

- *Prenatal medical appointments*
- *Pregnancy-related complications*
- *Recovery from pregnancies that do not end in a live birth*
- *Childbirth and delivery*
- *Serious Health Condition resulting in incapacitation that occurs during a pregnancy*

Chronic Conditions Requiring Treatments: results in a period of incapacity or treatment for a chronic Serious Health Condition that requires periodic visits for treatment by a Health Care Provider, continues over an extended period of time, and may cause episodic rather than a continuing period of incapacity.

Examples: asthma, migraine headaches, diabetes, epilepsy

Permanent/Long-Term Conditions: involves a period of incapacity which is permanent or long-term due to a condition for which treatment may not be effective. The Eligible Employee’s Family Member must be under the continuing supervision of, but need not be receiving active treatment by, a Health Care Provider.

Examples: Alzheimer’s, a severe stroke, or the terminal stages of a disease

HEALTH CARE PROVIDERS

“Health Care Provider” means a person who is primarily responsible for providing health care to the Claimant or the Family Member of the Claimant before or during a period of PFML, who is licensed or certified to practice in accordance with the laws of the state or country in which they practice, who is performing within the scope of the person’s professional license or certificate, and who is a:

- chiropractic physician, but only to the extent the chiropractic physician provides treatment consisting of manual manipulation of the spine to correct a subluxation demonstrated to exist by X-rays;
- dentist;
- direct entry midwife;
- naturopath;
- nurse practitioner;
- nurse practitioner specializing in nurse-midwifery;
- optometrist;
- physician;
- physician’s assistant;
- psychologist;
- registered nurse; or
- regulated social worker.

Health Care Provider also includes a person who is primarily responsible for the treatment of the Claimant solely through spiritual means before or during a period of Medical Leave or Safe Leave, including but not limited to a Christian Science practitioner.

Employee's Name	Date of Birth
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PART A: MEDICAL FACTS

1. Diagnosis: _____ Primary ICD Code (optional): _____
 Approximate date condition commenced: _____ Probable duration of condition: _____
 Was the patient admitted for an inpatient stay in a hospital, hospice, or residential medical care facility? Yes No
 If so, dates of admission: _____

 Date(s) you treated the patient for condition: _____

 Will the patient need to have treatment visits at least twice per year due to the condition? Yes No
 Was the patient referred to other Health Care Provider(s) for evaluation or treatment (e.g., physical therapist)? Yes No
 If so, state the nature of such treatments and expected duration of treatment: _____

2. Is the medical condition pregnancy? Yes No If so, expected/actual delivery date: _____
3. Complications with pregnancy or delivery? Yes No If yes please explain: _____

4. Describe other relevant medical facts, if any, related to the condition for which the employee seeks leave (such medical facts may include symptoms, diagnosis, or any regimen of continuing treatment such as the use of specialized equipment):

PART B: AMOUNT OF LEAVE NEEDED

5. Will the employee be incapacitated for a single continuous period of time due to his/her medical condition, including any time for treatment and recovery? Yes No
 If so, estimate the beginning and ending dates for the period of incapacity: _____
6. Will the employee need to attend follow-up treatment appointments or work part-time or on a reduced schedule because of the employee's medical condition? Yes No
 If so, are the treatments or the reduced number of hours of work medically necessary? Yes No
 Estimate treatment schedule, if any, including the dates of any scheduled appointments and the time required for each appointment, including any recovery period: _____

- Estimate the part-time or reduced work schedule the employee needs, if any:
 _____ hour(s) per day; _____ days per week from _____ through _____

Employee's Name	Date of Birth
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7. Will the condition cause episodic flare-ups periodically preventing the employee from performing his/her job functions? Yes No

Is it medically necessary for the employee to be absent from work during the flare-ups? Yes No

If so, explain: _____

Based upon the patient's medical history and your knowledge of the medical condition, estimate the frequency of flare-ups and the duration of related incapacity that the patient may have over the next 6 months (e.g., 1 episode every 3 months lasting 1-2 days):

Frequency: _____ times per _____ week(s) _____ month(s)

Duration: _____ hours or _____ day(s) per episode

ADDITIONAL INFORMATION: IDENTIFY QUESTION NUMBER WITH YOUR ADDITIONAL ANSWER.

Health Care Provider's Name			
Address	City	State	ZIP
Phone No.	Fax No.		
Specialty/Type of Practice		License No.	

Declaration and signature
 Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed.

Signature of Health Care Provider	Date
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